

# UPSTREAM PRE-INTERMEDIATE VOCABULARY LIST

## MODULE 2

### Self-Assessment Module 1

SA

(pp. 26–27)

- SA1.1 **bless you!** = (przy kichaniu) na zdrowie!  
SA1.2 **moped** /'məpəd/ (n) = motorower  
SA1.3 **lose nerve** = stracić zimną krew  
*e.g. Although she had studied hard, when she saw the exam paper she suddenly lost her nerve and left the examination room.*

- SA1.4 **digital picture** /'dɪdʒɪtl 'pɪktʃər/ (n) = zdjęcie cyfrowe  
SA1.5 **front-view** /frʌnt'veju/ (n) = widok z przodu  
SA1.6 **side-view** /saɪd'veju/ (n) = widok z boku  
SA1.7 **habit** /'hæbit/ (n) = zwyczaj  
*e.g. Some people have the habit of biting their nails when they are nervous.*  
SA1.8 **routine** /ru'tɪn/ (n) = ustalony porządek, rutyna

(p. 28)

- CCs.1.1 **portrait** /pɔ:tret/ (n) = portret  
*e.g. The artist drew a portrait of her that hangs on her bedroom wall.*  
CCs.1.2 **innocent** /'ɪnəsənt/ (adj) = niewinny  
CCs.1.3 **demanding** /di'mændɪŋ/ (adj) = wymagający  
*e.g. Our teacher is demanding and insists that we always do our homework.*  
Opp.: undemanding  
CCs.1.4 **ambitious** /'æm'bɪʃəs/ (adj) = ambitny  
CCs.1.5 **armada** /ɑ:mədə/ (n) = armada

- CCs.1.6 **image** /'ɪmɪdʒ/ (n) = wyobrażenie  
CCs.1.7 **subject** /sʌbdʒɪkt/ (n) = poddany  
CCs.1.8 **coronation** /kɔ:rə'nейən/ (n) = koronacja  
CCs.1.9 **wealth** /weiθ/ (n) = bogactwo  
*e.g. He has so much wealth that he can't spend all of his money, no matter how hard he tries!*  
CCs.1.10 **crown** /krəʊn/ (n) = korona  
*e.g. The crown on the King's head was made of diamonds and gold.*  
CCs.1.11 **orb** /ɔ:b/ (n) = jabłko (w ręku króla lub królowej)  
CCs.1.12 **sceptre** /septər/ (n) = berło  
*e.g. A sceptre is a symbol of power for a King.*

CCs

CCs.1.13 authority /'aʊθoriti/ (n) = władza

CCs.1.14 victory /'viktɔri/ (n) = zwycięstwo

*e.g. It was a great victory for the national team, and fans celebrated throughout the night.*

CCs.1.15 globe /'gləʊb/ (n) = globus

CCs.1.16 global /'gləʊbəl/ (adj) = globalny, ogólnoswiatowy

*e.g. Environmental pollution is a global problem.*

CCs.1.17 encyclopaedia /ɪn'saɪkə'lɒpi'diə/ (n) = encyklopedia

## Module

## 2

## The Blue Planet

(p. 29)

M2.1 environmental /ɪn'veərən'mēntəl/ (adj) = środowiskowy, ekologiczny

M2.2 poster /'pəʊstər/ (n) = plakat  
*e.g. She has a poster of George Michael on her bedroom wall.*

M2.3 weather forecast /'weðə fəkəst/ (n) = prognoza pogody

*e.g. Have you listened to the weather forecast? They said it's going to rain at the weekend.*

## 3

## Earth Calling

3a – (pp. 30–31)

3a.1 earth calling = wołanie ziemi

3a.2 factory /'fæktri/ (n) = fabryka

*e.g. He works in a factory that produces dolls.*

3a.3 homeless /'həʊmli:s/ (adj) = bezdomny

3a.4 recycling center /'rɪ'saɪklɪŋ 'sentər/ (n) = punkt skupu surowców wtórnego

3a.5 stray /streɪ/ (adj) = (o psach, kotach) bezpański, bezdomny

*e.g. The mayor of the city promised to build a shelter for stray dogs.*

3a.6 bottle bank /'bɒtl̩ bæŋk/ (n) = pojemnik na szkło

3a.7 clean-up campaign /kli:nʌp kæm'pein/ (n) =

kampania na rzecz czystości w mieście

*e.g. We've decided to participate in our town's annual clean-up campaign in order to remove all the litter from the streets.*

3a.8 bin /bɪn/ (n) = pojemnik na śmieci

3a.9 wildlife park /'waɪldlaɪf pæk/ (n) = rezerwat przyrody

3a.10 root /rʊt/ (n) = korzeń

3a.11 shoot /ʃʊt/ (n) = kiełek, pęd

3a.12 environmentalist /ɪn'veərən'mēntəlist/ (n) = ekolog, działacz na rzecz ochrony środowiska

*e.g. Environmentalists were angry when they heard about the accidental oil spill in the Caspian Sea.*

3a.13 humanitarian /hju:mə'nɪ'teəriən/ (n) = humanitarysta, filantrop

3a.14 biologist /baɪ'biədʒɪst/ (n) = biolog

3a.15 found /faʊnd/ (v) = ufundować, założyć (np. szkołę, szpital)

Der.: founder (n)

3a.16 join /dʒɔɪn/ (v) = przyłączyć się do (np. organizacji)

*e.g. Against her parents' wishes, she joined a radical political group.*

3a.17 plant /plænt/ (n) = roślina

3a.18 grow /grəʊ/ (v) = rosnąć

3a.19 underground /'ʌndə'graʊnd/ (adv) = pod ziemią

3a.20 come up /kʌm 'ʌp/ (phr v) = (o roślinach) kiełkować, wschodzić

3a.21 survive /sə'veɪv/ (v) = przetrwać, przeżyć

*e.g. Plants need a lot of water to survive in the summer.*

Der.: survivor (n)

3a.22 fragile /'fraɪdʒəl/ (adj) = słaby, wątpliwy

	e.g. I thought the flowers in my garden were too fragile to survive the storm, but they did after all.	<b>3b – Vocabulary Practice (pp. 32–33)</b>
3a.23	<b>break open</b> = rozłamać, przelamać	3b.1 issue /'ɪʃu:/ (n) = a subject / kwestia, sprawa
3a.24	<b>brick wall</b> /'brɪk wɔ:l/ (n) = ściana z cegły	3b.2 prevent /prɪ'vent/ (v) = zapobiec
3a.25	<b>strength</b> /streŋθ/ (n) = siła, moc e.g. It is believed that Hercules had the strength of a hundred men. Opp.: weakness	e.g. To prevent injury, you should wear a helmet when riding a bicycle. Der: preventive (adj)
3a.26	<b>amazing</b> /ə'meɪzɪŋ/ (adj) = niezwykły, zdumiewający e.g. The kids watched the magician perform amazing tricks, such as making objects disappear.	3b.3 rubbish tip /'rʌbiʃ 'tɪp/ (n) = wysypisko śmieci
3a.27	<b>inspire</b> /ɪn'spaɪər/ (v) = zainspirować, pobudzić (do zrobienia czegoś) e.g. After watching the movie, she was inspired to become a famous actress. Der.: inspiration (n)	3b.4 extinction /ɪk'stɪŋkʃən/ (n) = wymarcie, wytopienie
3a.28	<b>belief</b> /bli:tʃf/ (n) = przekonanie	3b.5 deforestation /dɪfɔ:r'eɪʃən/ (n) = wylesienie
3a.29	<b>make a difference</b> = zmienić (coś)	3b.6 endangered species /'endɪndʒəd ,speɪʃəz/ (n) = gatunek/gatunki zagrożony/e wymarciem
3a.30	<b>form</b> /fɔ:m/ (v) = utworzyć, powołać Der.: formation (n)	e.g. Are elephants an endangered species, or are there plenty of them around?
3a.31	<b>natural habitat</b> /'nætʃərəl 'hæbitæt/ (n) = siedisko	3b.7 hunt /hʌnt/ (v) = polować
3a.32	<b>worldwide</b> /'wɔ:ld'waɪd/ (adv) = na całym świecie	Der: hunter (n)
3a.33	<b>preschool</b> /'pre'sku:l/ (n) = przedszkole	3b.8 adopt /ə'dopt/ (v) = tu: zaadoptować zwierzę
3a.34	<b>participate</b> /pɑ:tɪ'sipət/ (v) = to take part (in) / wziąć udział w e.g. Many countries participated in this year's Eurovision contest. Der: participant (n)	3b.9 preservation /prezə'veɪʃən/ (n) = ochrona e.g. The preservation of the environment is necessary for the survival of our planet.
3a.35	<b>adult</b> /'ædʌlt/ (n) = osoba dorosła, dorosły	Opp.: destruction
3a.36	<b>group leader</b> /'gru:p 'lɪdər/ (n) = przywódca/ lider grupy	3b.10 sensibly /sensiblɪ/ (adv) = uważnie, rozsądnie
3a.37	<b>living proof</b> (idm) = żywy dowód (na coś)	3b.11 waste /wɛst/ (v) = marnować e.g. Don't waste food by throwing it away; don't you know that millions of people are starving around the world?
3a.38	<b>project</b> /'prɒdʒekt/ (n) = projekt, plan	3b.12 petrol /'petrəl/ (n) = benzyna
3a.39	<b>rubbish</b> /'rʌbiʃ/ (n) = śmieci e.g. There is a huge pile of rubbish on our street that is starting to attract mice.	3b.13 wrap /ræp/ (v) = zapakować e.g. Could you please wrap this for me? It's a Christmas present. Opp.: unwrap
3a.40	<b>fill out</b> /fil 'aut/ (phr v) = [American English] wypełnić (np. formularz) [British English: fill in]	3b.14 product /prədʌkt/ (n) = produkt
3a.41	<b>registration form</b> /redʒ'streɪʃən form/ (n) = formularz zgłoszenia e.g. If you wish to apply for this job, please fill out this registration form.	3b.15 sum up /sʌm 'ap/ (phr v) = podsumować
3a.42	<b>annual</b> /'ænjuəl/ (adj) = roczny, coroczny	3b.16 in brief = w skrócie
3a.43	<b>membership</b> /membərʃɪp/ (n) = członkostwo	3b.17 in conclusion = na zakończenie, na koniec e.g. In conclusion, we can all help to save our planet from global warming.
3a.44	<b>amount</b> /ə'maʊnt/ (n) = ilość, suma e.g. The amount of money my father had spent on rare stamps made my mother furious.	3b.18 mammal /'mæməl/ (n) = ssak
3a.45	<b>renew</b> /r'nju:s/ (v) = odnowić Der: renewal (n)	3b.19 reptile /reptail/ (n) = gad
		3b.20 cobra /'koʊbra/ (n) = kobra e.g. A cobra is a very dangerous reptile.
		3b.21 hen /hen/ (n) = kura
		3b.22 giraffe /dʒɪ'ræf/ (n) = żyrafa
		3b.23 polar bear /'pôrəl beeər/ (n) = niedźwiedź polarny
		3b.24 deer /diər/ (n) = jeleń, sarna
		3b.25 whale /weɪl/ (n) = wieloryb
		3b.26 goat /gəʊt/ (n) = koza
		3b.27 python /paɪθən/ (n) = pyton
		3b.28 leopard /lēpəd/ (n) = pantera, leopard
		3b.29 peacock /pɪkək/ (n) = paw

- 3b.30 orangutan /ɔ:ræŋgə'tæn/ (n) = orangutan  
 3b.31 domestic /də'mestɪk/ (adj) = (o zwierzęciu) domowy  
     Opp.: wild  
 3b.32 explore /k'splɔ:t/ (v) = badać, zwiedzać  
     e.g. When we were kids, we used to explore caves in this area.  
     Der: explorer (n)  
 3b.33 bottom /'bɒtəm/ (n) = dno (np. morza)  
 3b.34 ocean /'əʊʃən/ (n) = ocean  
     e.g. There are seashells and starfish at the bottom of the ocean.  
 3b.35 indoor /'ɪn'do:t/ (adj) = tu: ogrodzony  
     Opp.: outdoor  
 3b.36 rainforest /rein'fɔ:rist/ (n) = las deszczowy  
 3b.37 cross /krɔ:s/ (v) = przekroczyć  
     e.g. In order to get to the other side, we have to cross this bridge.  
 3b.38 rope bridge /'rəʊp brɪdg/ (n) = most sznurowy  
 3b.39 cave /kev/ (n) = jaskinia  
 3b.40 admire /əd'maɪə/ (v) = podziwiać  
     e.g. I admire people who successfully climb high mountains like Mount Everest.  
     Der: admirer (n), admiration (n)  
     Opp.: disapprove  
 3b.41 waterfall /'wɔ:təfɔ:l/ (n) = wodospad  
 3b.42 species /spə'sɪz/ (n) = gatunek  
 3b.43 aquarium /ək'veəriəm/ (n) = akwarium  
     e.g. There is a 10 \$ fee to enter the Three Islands Aquarium and admire the variety of sealife.  
 3b.44 slide off /slайд 'ɒf/ (phr v) = zjeździć (np. po śliskiej powierzchni)  
 3b.45 ice cliff /ais klif/ (n) = klif lodowy  
 3b.46 tunnel /'tʌnəl/ (n) = tunel  
     e.g. The prisoners have spent weeks digging a tunnel that will allow them to escape.  
 3b.47 tank /tæŋk/ (n) = akwarium; basen, zbiornik  
 3b.48 except /k'sept/ (prep) = z wyjątkiem, poza  
     e.g. Except for Karen who is ill, everyone is coming to the party.  
 3b.49 recommendation /rekə'mend'eɪʃn/ (n) = rekomendacja, polecenie

**3c – Grammar in use (pp. 34–35)**

- 3c.1 directory /daɪ'rektəri/ (n) = książka telefoniczna  
 3c.2 average /'æverɪdʒ/ (n) = przeciętny  
 3c.3 bald eagle /bald 'eigəl/ (n) = bielik amerykański  
 3c.4 access /ækses/ (n) = dostęp  
     e.g. In order to have access to the computer, you must type in the password.

- 3c.5 ozone layer /'əʊzən leɪər/ (n) = warstwa ozonowa  
 3c.6 heal /hi:l/ (v) = goić się  
     e.g. Her cut healed quickly because she followed her doctor's instructions.  
 3c.7 take part = wziąć udział  
     e.g. I refuse to take part in fox hunting because I believe killing animals for pleasure is wrong.  
 3c.8 event /'evnt/ (n) = wydarzenie  
 3c.9 equipment /'kwɪpment/ (n) = sprzęt  
 3c.10 hand out /hænd 'aʊt/ (phr v) = to distribute / rozdawać (np. ulotki)  
 3c.11 leaflet /'leflet/ (n) = ulotka  
 3c.12 member /'membər/ (n) = członek (organizacji)  
     e.g. Help save our planet by becoming a member of an environmental group.  
 3c.13 look after /lʊk 'aftər/ (phr v) = zaopiekować się  
     e.g. Could you look after my baby while I take this phone call?  
 3c.14 thrilled /'θrɪld/ (adj) = excited / podekscytowany  
 3c.15 covered (in) /'kʌvəd/ (v) = pokryty (np. blatem)  
 3c.16 vet /vet/ (n) = weterynarz  
 3c.17 vaccination /væk'si'næʃən/ (n) = szczepienie  
 3c.18 government /'gʌvərnment/ (n) = rząd  
 3c.19 pass laws = przyjąć ustawę/przepisy  
     e.g. The government passed laws that people found unacceptable.  
 3c.20 fine /faɪn/ (n) = kara pieniężna, grzywna  
 3c.21 voluntary /'vɒləntri/ (adj) = ochotniczy  
     e.g. I work here on a voluntary basis; I don't get paid  
 3c.22 campaign /kæmp'peɪn/ (n) = kampania  
 3c.23 raise money = zbierać pieniądze (na określony cel)  
 3c.24 zookeeper /zu:kɪpər/ (n) = dozorca w zoo

**Phrasal verbs**

- 3c.25 run over /rʌn 'əʊvər/ = potrącić, przejechać  
 3c.26 run away /rʌn ə'weɪ/ = to escape / uciec  
 3c.27 run out of /rʌn 'aʊt əv/ = skończyć się  
     e.g. We ran out of petrol on the way to the lake.  
 3c.28 run into /rʌn 'ɪntə/ = wpaść (na kogoś)  
 3c.29 run on /rʌn 'ɒn/ = jeździć na (benzynie)
- 3c.30 unleaded petrol /ʌnl'edid 'petrol/ (n) = benzyna bezolowiowa  
 3c.31 similar /'similər/ (adj) = podobny  
     e.g. Don't you think our dogs are similar? They both have short legs and long ears.

**3d – Listening & Speaking skills (pp. 36–37)**

- 3d.1 medical attention /medɪkəl ə'tenʃən/ (n) = opieka lekarska

3d.1	e.g. Our cat needed medical attention after its tail was run over by a car.	CC3.3	iceberg /aɪsbɜːɡ/ (n) = góra lodowa
3d.2	scheme /skem/ (n) = plan, program	CC3.4	Christmas carols /'krɪsməs 'kærəlz/ (n pl) = kolędy
3d.3	fee /fi:/ (n) = opłata	CC3.5	scientific /saɪəntɪfɪk/ (adj) = naukowy e.g. Scientific research helped people understand the benefits of eating vegetables.
3d.4	certificate /se'tifikat/ (n) = certyfikat	CC3.6	expedition /ekspɪ'dɪʃn/ (n) = ekspedycja, wyprawa
3d.5	seal /sɛl/ (n) = foka	CC3.7	the Antarctic /ænt'æktrɪk/ (n) = Antarktyda
3d.6	be in favour of/against sth = być za czymś/przeciwko czemuś e.g. I am in favour of banning smoking in public places, but against criticising people who do it.	CC3.8	freezing /frɪzɪŋ/ (adj) = mroźny, lodowaty e.g. It was a freezing Saturday night so we stayed home.
3d.7	illegal /ɪ'lɪgəl/ (adj) = nielegalny	CC3.9	task /tɑːsk/ (n) = zadanie
3d.8	import /ɪm'pɔːt/ (n) = towar importowany	CC3.10	feeding behaviour /'fɪdɪŋ bɪ'hervɪər/ (n) = obyczaje pokarmowe
3d.9	ivory /aɪ'veri/ (n) = kość słoniowa	CC3.11	colony /kə'ləni/ (n) = kolonia
3d.10	in possession of = w posiadaniu (czegoś)	CC3.12	capture /kæptʃər/ (v) = schwytać e.g. The escaped prisoner was captured near the river and taken back to prison. Der.: captivity (n) Opp.: release
3d.11	prohibited /prə'hibitɪd/ (adj) = zabroniony, zakazany	CC3.13	electronic /lek'trɒnik/ (adj) = elektroniczny
3d.12	imprisonment /ɪm'prɪzənmənt/ (n) = uwięzienie, kara więzienia	CC3.14	tag /tæg/ (n) = tu: identyfikator (dla zwierząt)
3d.13	alert /ə'lə:t/ (n) = alarm, stan pogotowia	CC3.15	clap /klæp/ (v) = klaskać
3d.14	declare /dɪ'kleər/ (v) = zgłosić do ocenienia e.g. At the airport, I was asked by the baggage inspector if I had anything to declare.	CC3.16	flipper /flɪpər/ (n) = płytnica
3d.15	chess set /tʃes set/ (n) = szachy	CC3.17	calf /kælf/ (n) = tu: młode wieloryba
3d.16	snakeskin /'sneɪkskɪn/ (adj) = z wążowej skóry	CC3.18	touching /tʌtʃɪŋ/ (adj) = wzruszający e.g. The end of the film was so touching that half the audience began to cry.
3d.17	oil slick /ɔɪl slick/ (n) = plama ropy naftowej (na wodzie, na drodze)	CC3.19	crew /kru:/ (n) = załoga e.g. Most of the crew were watching a football match when the ship started to sink.
3e.1	ASAP: abbreviation for <i>as soon as possible</i> = możliwie jak najszybciej e.g. Please call Mr Higgins ASAP because something urgent has come up.	CC3.20	exchange /eks'tʃeɪndʒ/ (v) = wymienić się (np. prezentami)
3e.2	etc.: abbreviation for <i>and so on</i> = itd., itp.	CC3.21	food supply /fʊd səplai/ (n) = zapasy pożywienia
3e.3	PTO: abbreviation for <i>please turn over</i> = verte	CC3.22	research station /rɪ'seːtʃn stæʃən/ (n) = stacja badawcza
3e.4	PS: abbreviation for <i>postscript</i> = PS	CC3.23	delay /deɪleɪ/ (v) = opóźnić e.g. All the trains were delayed due to mechanical failure.
3e.5	rubric /rʊbrɪk/ (n) = objaśnienie (np. do ćwiczenia), instrukcja e.g. Before you do the exercise, make sure you read the rubric above it very carefully.	CC3.24	deck /dɛk/ (n) = pokład
Culture Clip 3 (p. 39)		CC3.25	stick /stɪk/ (v) = to put in / włożyć
		CC3.26	bucket /bʌkit/ (n) = wiadro e.g. The fisherman put the fish he caught into a bucket full of ice to keep them fresh.
CC3.1	carry out /'kaeri 'aut/ (phr v) = przeprowadzić (np. eksperyment, badania)	CC3.27	base /beɪs/ (n) = baza, centrala
CC3.2	experiment /k'speriment/ (n) = eksperyment e.g. The mad scientist was arrested for carrying out illegal experiments.	CC3.28	albatross /'ælbətrɒs/ (n) = albatros
		CC3.29	chick /tʃɪk/ (n) = pisklę

## 4a – (pp. 40–41)

- 4a.1 travellers' tales /'trævələz tɔ:lz/ (n pl) = opowieści z podróży
- 4a.2 package holiday /'pækɪdʒ hɒlɪdeɪ/ (n) = wakacje zorganizowane  
e.g. *Package holidays give travellers the opportunity to spend less money on air fare and hotel rooms.*
- 4a.3 sailing /'seɪlɪŋ/ (n) = żeglowanie
- 4a.4 exotic /'ɛkzɒtɪk/ (adj) = egzotyczny  
e.g. *It is considered to be an exotic island because it has beautiful beaches and unusual wildlife.*
- 4a.5 look for /lʊk fər/ (phr v) = szukać  
e.g. *I'm looking for my fountain pen; have you seen it anywhere?*
- 4a.6 unforgettable /,ʌnfə'getəbl/ (adj) = niezapomniany  
e.g. *We had an unforgettable experience; it was the best holiday we've ever had!*
- 4a.7 celebrate /'selɪbreɪt/ (v) = świętować, obchodzić  
Der.: celebration (n)
- 4a.8 ancient /'eɪnʃənt/ (adj) = starożytny
- 4a.9 abroad /ə'b्रəd/ (adv) = za granicą  
e.g. *Travelling abroad allows you to see how people from other countries live.*
- 4a.10 terrified (of) /'terifɪad/ (adj) = afraid / przerządzony  
e.g. *When she saw the huge spider, she was terrified and let out a loud scream.*
- 4a.11 action-packed /'ækʃənpækɪt/ (adj) = pełen wrażeń
- 4a.12 active /'æktɪv/ (adj) = aktywny  
e.g. *If you're an active person who needs some form of exercise, why not use the hotel gym facilities?*
- 4a.13 the outdoors /'aʊtdɔ:z/ (n pl) = otwarta przestrzeń
- 4a.14 location /lo'kejʃn/ (n) = miejsce; plener
- 4a.15 glamorous /'glæmərəs/ (adj) = efektowny, pełen przepychu
- 4a.16 chance /tʃans/ (n) = okazja, sposobność  
e.g. *The trip gave me the chance to speak English.*
- 4a.17 architecture /'ɑ:kɪtekʃəfə/ (n) = architektura
- 4a.18 experience /k'spi:rɪəns/ (v) = doświadczyć (czegoś), przeżyć (coś ekscytuującego)
- 4a.19 luxurious /'lʌg'ʒuəriəs/ (adj) = luksusowy, komfortowy  
e.g. *This luxurious hotel room has expensive furniture and floors made of the finest marble.*
- 4a.20 local cuisine /'ləʊkəl kwɪzɪn/ (n) = lokalna/miejscowa kuchnia
- 4a.21 beachfront /'bi:tʃfrənt/ (adj) = (znajdujący się) nad brzegiem morza

- 4a.22 guided tour /,gaɪdɪd 'tʊər/ (n) = zwiedzanie z przewodnikiem
- 4a.23 stunning /'stʌnɪŋ/ (adj) = oszałamiający, zapierający dech w piersiach  
e.g. *She wore a stunning dress at her birthday party.*
- 4a.24 white-water rafting /,waɪt'wɔ:tə 'ra:fɪŋ/ (n) = spływ tratwą górkami rzekami, rafting
- 4a.25 rare /reər/ (adj) = rzadki  
e.g. *It is such a rare flower that only a few hundred of them are known to exist.*  
Opp.: common
- 4a.26 length /lɛnθ/ (n) = długość
- 4a.27 ideal /aɪ'deəl/ (adj) = perfect/ idealny  
e.g. *An ideal holiday would be on a tropical island, with good company and perfect weather.*
- 4a.28 getaway /'ge:təweɪ/ (n) = krótki urlop; miejsce wyjazdu wakacyjnego
- 4a.29 sightseeing /'saɪtseɪnɪŋ/ (n) = zwiedzanie
- 4a.30 professionally /prə'feʃənlɪ/ (adv) = profesjonalnie  
Opp.: unprofessionally
- 4a.31 miss the chance = stracić okazję, szansę
- 4a.32 landmark /lændmɑ:k/ (n) = charakterystyczny obiekt (np. w mieście)
- 4a.33 all inclusive /,ɔ:l in'klju:sɪv/ (adj) = zawierający wszystkie (dodatekowe) opłaty
- 4a.34 Mediterranean /medɪ'te'reɪniən/ (adj) = śródziemnomorski
- 4a.35 break /breɪk/ (n) = przerwa (wakacyjna)  
e.g. *After working hard at the office for five months, she finally decided to have a weekend break in the Alps.*
- 4a.36 watersports facilities /,wɔ:təspɔ:ts fe'silɪtɪz/ (n pl) = możliwość uprawiania sportów wodnych
- 4a.37 nightlife /n'aɪtlایf/ (n) = nocne życie  
e.g. *This small town has no nightlife at all; bars and restaurants close at 10 pm.*
- 4a.38 incl: abbreviation for including = zawierający, łącznie z
- 4a.39 adventure /əd'ventʃər/ (n) = przygoda  
e.g. *We had quite an adventure while exploring a mountain – we came across a cave with a family of bears in it!*
- 4a.40 trek /trek/ (v) = wędrówka, wyprawa
- 4a.41 thrill /θrɪl/ (n) = emocjonujące przeżycie
- 4a.42 excitement /ɪk'saitmənt/ (n) = podniecające doświadczenie
- 4a.43 definitely /'defɪnitli/ (adv) = certainly / z pewnością, na pewno

4a.44	e.g. You definitely have an appointment with your dentist at 4:00 pm today; his secretary called to remind you of it. dramatic /'dre'mætɪk/ (adj) = (o widoku, pejzażu) pełen dramatyzmu, spektakularny	4b.11	insect repellent /'ɪnsekt rɪ'pelənt/ (n) = środek odstraszający owady
4a.45	setting /'setɪŋ/ (n) = sceneria, położenie	4b.12	nailfile /'neɪlfɪl/ (n) = pilnik do paznokci
4a.46	accommodation /ə'kɒmə'deɪʃn/ (n) = zakwaterowanie e.g. They ended up sleeping on the beach because they could not find any accommodation on the busy island.	4b.13	hand luggage /'haend lʌgɪdʒ/ (n) = bagaż podręczny
4a.47	bird-watching /'bɜːdˌwɒtʃɪŋ/ (n) = obserwowanie ptaków	4b.14	breakable /'breɪkəbəl/ (adj) = fragile / kruchy, łatwo złamany
4a.48	enthusiast /'ɛn'θjuːziæst/ (n) = entuzjasta, miłośnik	4b.15	mild /maɪld/ (adj) = (o pogodzie, porze roku) łagodny, umiarkowany e.g. The weather is always mild here; it never gets too hot or too cold.
4a.49	early riser /'ɜːli 'raɪzər/ (n) = ranney ptaszek	4b.16	windy /'wɪndi/ (adj) = wietrzny
4a.50	catch a glimpse (of) = ujrzeć (kogoś/coś) e.g. I'm so lucky! I managed to catch a glimpse of the Queen as she rode in her coach.	4b.17	foggy /'fɒgi/ (adj) = mglisty
4a.51	unusual /ʌn'juːʒuəl/ (adj) = niezwykły, niespotykany Opp.: usual, ordinary	4b.18	lorry /'lɔːri/ (n) = ciężarówka
4a.52	fabulous /'fæbjuːləs/ (adj) = wonderful / rewelacyjny, fantastyczny	4b.19	coach /kəʊtʃ/ (n) = autokar
4a.53	spectacular /spek'tækjʊlər/ (adj) = spektakularny, dramatyczny e.g. The waterfall was so spectacular that all the tourists took pictures of it.	4b.20	fascinated /'fæsɪneɪteɪd/ (adj) = zafascynowany e.g. He is fascinated by wild animals and has hundreds of books and documentaries on the subject.
4a.54	traditional /trə'dɪʃənl/ (adj) = tradycyjny Opp.: modern	4b.21	fascinating /'fæsɪneɪtɪŋ/ (adj) = fascynujący
4a.55	culture /'kʌltʃər/ (n) = kultura	4b.22	thrilling /'θrɪlɪŋ/ (adj) = exciting / pasjonujący, porywający
4a.56	incredible /ɪn'kredɪbl/ (adj) = unbelievable / niewiarygodny, niesamowity	4b.23	disappointing /dɪsə'pɔɪntɪŋ/ (adj) = nie spełniający oczekiwania e.g. It was a disappointing movie because the ending left everyone confused.
4a.57	sunset /'sʌnset/ (n) = zachód słońca e.g. Most people enjoy watching the sunset, but I find it incredibly sad because it marks the end of the day.	4b.24	fed up /'fed 'ʌp/ (adj) = mieć dość (kogoś/czegoś) e.g. Her parents got fed up with her constant complaining and told her to go to her room.
4a.58	in style = in luxury / luksusowo	4b.25	exhausted /ɪg'zɔːstɪd/ (adj) = wyczerpany
4a.59	aboard /ə'bɔːd/ (prep) = na pokładzie	4b.26	pleased /plɪzd/ (adj) = zadowolony Opp.: displeased
4a.60	once-in-a-lifetime trip = podróż życia	4b.27	overcharge /'əʊvər'tʃaðʒ/ (v) = policzyć (komuś) za dużo e.g. The storeowner overcharged us, but I was too embarrassed to say anything and gave him the extra money he wanted.
		4b.28	running water /'rʌnɪŋ 'wɔːtər/ (n) = bieżąca woda
		4b.29	missing /'mɪsɪŋ/ (adj) = lost / zaginiony, zgubiony Opp.: found

## 4b – Vocabulary Practice (pp. 42–43)

- 4b.1 toothpaste /tuθpeɪst/ (n) = pasta do zębów  
 4b.2 compass /kʌmpəs/ (n) = kompas  
 4b.3 sunscreen /sʌnskrɪn/ (n) = filtr przeciwsłoneczny  
 4b.4 torch /tɔːtʃ/ (n) = latarka  
 4b.5 penknife /'penknif/ (n) = scyzoryk  
 4b.6 first-aid kit /fɜːst'eɪd 'kit/ (n) = apteczka pierwszej pomocy  
 4b.7 hiking boots /haɪkɪŋ ,buts/ (n pl) = buty turystyczne  
 4b.8 binoculars /bɪ'nɔːkjʊləz/ (n pl) = lornetka  
 4b.9 underwear /'ʌndəweər/ (n) = bielizna  
 4b.10 necessity /nɪ'sesitɪ/ (n) = artykuł pierwszej potrzeby

## 4c – Grammar in use (pp. 44–45)

- 4c.1 reach /ri:tʃ/ (v) = to arrive at/ dotrzeć, przybyć  
 4c.2 check in /tʃek 'ɪn/ (phr v) = zameldować się (w hotelu)  
 e.g. When we checked in at the hotel, the hotel manager gave us a notebook to sign our names.  
 4c.3 straight /streɪt/ (adv) = directly / prosto  
 e.g. She came back from work at 11 p.m. and went straight to the bedroom to get some sleep before the next hardworking day.  
 4c.4 midnight /midnait/ (n) = północ  
 4c.5 wardrobe /'wɔːdrəbəd/ (n) = szafa

## UNIT 4

4c.6	suddenly /'sʌdnli/ (adv) = unexpectedly / nagle	4d.10	engaged /ɪn'geɪdʒd/ (adj) = zaręczony
4c.7	unlock /'ʌnlɒk/ (v) = otworzyć (kluczem) Opp.: lock	4d.11	holiday rep (representative) /'hɒlɪdeɪ rep/ (n) = rezydent
4c.8	realise /ri'ælaɪz/ (v) = to understand / zdać sobie sprawę, uświadomić sobie e.g. <i>Do you realise that we are looking at a monument that is 5,000 years old?</i>	4d.12	predict /pri'dikt/ (v) = to foresee / przewidzieć e.g. <i>He predicted that it would rain and, sure enough, there was a thunderstorm later that night.</i>
4c.9	slip /slɪp/ (v) = poślizgnąć się Der.: slippery (adj)	4d.13	meal /mi:l/ (n) = posiłek
4c.10	factual /'fæktyuəl/ (adj) = real / prawdziwy, oparty na faktach	4d.14	packed lunch /pækɪt 'lʌntʃ/ (n) = drugie śniadanie lub suchy prowiant
4c.11	sandcastle /'sændkæsl/ (n) = zamek z piasku	4d.15	dish /dɪʃ/ (n) = danie, potrawa
4c.12	hike /haik/ (v) = to walk / wędrować e.g. <i>If you want to go hiking with us, you'll need to have comfortable shoes and bring plenty of water.</i>	4d.16	sunbed /'sʌnbɛd/ (n) = a sun lounger / łóżko opalające (w solarium)
4c.13	border /'bɔ:dər/ (v) = graniczyć (z)	4d.17	snack /snæk/ (n) = przekąska
4c.14	lie /laɪ/ (v) = leżeć, być położonym	4d.18	day trip /'deɪ trɪp/ (n) = jednodniowa wycieczka
4c.15	official /'ɒfɪʃl/ (adj) = oficjalny, urzędowy Opp.: unofficial	4d.19	disapproval /dɪs'pruvəl/ (n) = dezaprobat Opp.: approval
4c.16	independent /ɪndɪ'pendənt/ (adj) = niepodległy	4d.20	tennis court /tenɪs kɔ:t/ (n) = kort tenisowy
4c.17	shape /ʃeɪp/ (v) = być w kształcie czegoś	4d.21	laundry service /'lændri sə'veɪs/ (n) = pralnia e.g. <i>I hope there is laundry service at this hotel because otherwise, how am I going to wash my clothes?</i>
4c.18	triangle /traɪæŋgəl/ (n) = trójkąt	4d.22	indeed /ɪn'de:d/ (adv) = really / rzeczywiście
4c.19	wide /waɪd/ (adj) = szeroki	4d.23	How dare you? = Jak śmiesz?
4c.20	fortune /'fɔ:tʃn/ (n) = fortuna, mnóstwo pieniędzy	4d.24	outrageous /'aʊtr'reɪdʒəs/ (adj) = oburzający e.g. <i>Your claim that I stole your wallet is outrageous! I did no such thing.</i>

### Phrasal verbs

4c.21	come round /kʌm 'raʊnd/ = wpaść (z krótką wizytą)
4c.22	come up (with) /kʌm 'ʌp wið/ = wymyślić (np. plan)
4c.23	come out /kʌm 'aʊt/ = (o książce) ukazać się
4c.24	come into /kʌm 'ɪnto/ = odziedziczyć
4c.25	come across /kʌm e'kros/ = natrafić na (coś)

## 4d – Listening & Speaking skills (pp. 46–47)

4d.1	receptionist /rɪ'sepʃənist/ (n) = recepcjonista
4d.2	booking /'bʊkɪŋ/ (n) = rezerwacja
4d.3	absolutely /'æbsəlutli/ (adv) = kompletnie, zupełnie
4d.4	reservation /rəz'vейʃən/ (v) = a booking / rezerwacja e.g. <i>To dine at our exclusive restaurant, you need to make a reservation a month in advance.</i>
4d.5	double room /dʌblu: 'ru:m/ (n) = pokój dwuosobowy (w hotelu)
4d.6	reserve /rɪ'zɜ:v/ (v) = zarezerwować
4d.7	demand /dɪ'ma:d/ (v) = to ask strongly / żądać e.g. <i>We demand a different hotel room because we have asked for a room with a view of the sea.</i>
4d.8	complain /kəm'plæin/ (v) = złożyć skargę Der.: complaint (n)
4d.9	apologise (for) /e'pɔ:leट̪dʒaɪz/ (v) = przeprosić (za)

4e.1	set off /set 'ɒf/ = wyruszyć, wybrać się e.g. <i>We must set off for the airport right away if we are to catch our flight in time.</i>
4e.2	storm /stɔ:m/ (n) = burza
4e.3	flash of lightning = błyskawica
4e.4	strike /straɪk/ (v) = (np. o piorunie) uderzyć (w coś)
4e.5	emergency service /ɪ'medʒənsɪ sə'veɪs/ (n) = pomoc w nagłych wypadkach
4e.6	grab /græb/ (v) = to snatch / chwytać, złapać
4e.7	think twice = dobrze się zastanowić e.g. <i>You'd better think twice about leaving your job. What if you don't find anything better and end up jobless?</i>
4e.8	tightly /'taɪtlɪ/ (adv) = mocno, szczerle
4e.9	shut /ʃʌt/ (adj) = closed / zamknięty
4e.10	speed /spɪd/ (v) = pędzić, mknąć
4e.11	take off /teɪk 'ɒf/ (phr v) = (o samolocie) wystartować e.g. <i>The passengers were told to fasten their seatbelts before the plane took off.</i>
4e.12	Opp.: land sigh of relief = westchnienie ulgi

- 4e.13 sequence /'sɪkwəns/ (n) = porządek, kolejność  
 4e.14 climax event /'klaɪmæks ̩vent/ (n) = wydarzenie przekomowe, punkt kulminacyjny  
 4e.15 continent /kɔn'tinent/ (n) = kontynent

**Literature Corner 4 (p. 49)**

- LC4.1 satirist /'sætɪrɪst/ (n) = satyryk  
 LC4.2 satire /'sætəraɪ/ (n) = satyra  
 LC4.3 tale /teɪl/ (n) = opowieść  
 LC4.4 masterpiece /'maɪstɜːpɪs/ (n) = arcydzieło  
*e.g. This book is a masterpiece – it's the best book I've ever read!*  
 LC4.5 make fun of = naśmiewać się z  
*e.g. Stop making fun of other people's clothes! It's not polite.*  
 LC4.6 politics /'polɪtɪks/ (n) = polityka  
 LC4.7 voyage /'voɪdʒ/ (n) = podróż morska, rejs  
 LC4.8 shipwrecked /'ʃɪprɛkt/ (adj) = (o rozbitku) wyrzucony na brzeg morza  
 LC4.9 throw into /θ्रəʊ ̩nta/ (phr v) = wrzucić (do)  
 LC4.10 dry land /'draɪ ̩lənd/ (n) = stący ląd  
 LC4.11 tiny /'taɪni/ (adj) = małeńki  
*e.g. Although ants are tiny, they can carry things that weigh a lot more than them.*  
 Opp.: huge  
 LC4.12 seaman /'seɪmən/ (n) = marynarz, żeglarz  
 LC4.13 rock /rɒk/ (n) = skała  
 LC4.14 crew /kruː/ (n) = załoga  
 LC4.15 let down /let ̩daʊn/ (phr v) = spuścić  
 LC4.16 overturn /əʊvə'tɜːn/ (v) = przewrócić się  
*e.g. We were all thrown into the sea when the boat overturned.*  
 LC4.17 north /nɔːθ/ (n) = północ

- LC4.18 escape /'eskeɪp/ (v) = uciec  
*e.g. The only way to escape is to dig a tunnel under the locked door.*  
 LC4.19 drop /drɒp/ (v) = tu: opuszczać  
 LC4.20 struggle /'strʌgəl/ (v) = walczyć, starać się  
 LC4.21 shallow /'ʃæləʊ/ (adj) = płytka  
 Opp.: deep  
 LC4.22 nearly /'neɪli/ (adv) = almost / prawie, nieomal  
 LC4.23 mile /maɪl/ (n) = mila  
 LC4.24 heat /hit/ (n) = upał, spiekota  
 LC4.25 awake /ə'weɪk/ (v) = obudzić się  
*e.g. When I awoke, it took me a few minutes to realise that I was no longer dreaming.*  
 Opp.: fall asleep  
 LC4.26 fasten /'fæsən/ (v) = to tie / związać, przymocować do  
 Opp.: unfasten  
 LC4.27 upwards /'ʌpwaðz/ (adv) = w górę  
 Opp.: downwards  
 LC4.28 hurt /hɜːt/ (v) = ranić, sprawiać ból  
 LC4.29 alive /ə'lav/ (adj) = żywy  
 Opp.: dead  
 LC4.30 gently /'dʒentli/ (adv) = łagodnie, delikatnie  
 LC4.31 chest /tʃest/ (n) = klatka piersiowa  
 LC4.32 downwards /'daʊnwaðz/ (adv) = w dół  
 LC4.33 human creature /hjuːmən ̩kriːtʃə/ (n) = istota ludzka  
 LC4.34 inch /ɪnɪtʃ/ (n) = cal  
 LC4.35 bow /bəʊ/ (n) = łuk  
 LC4.36 arrow /'ærəʊ/ (n) = strzała  
 LC4.37 tide /taɪd/ (n) = przypływ  
 LC4.38 lie down /laɪ ̩daʊn/ (phr v) = położyć się  
*e.g. If you feel tired, lie down on the sofa and get some sleep.*  
 LC4.39 row /rəʊ/ (v) = wioślować  
 LC4.40 puzzled /'pʌzəld/ (adj) = zdziwiony, skonsternowany

(pp. 50-51)

- SA2.1 **beached whale** /'bi:tɪt 'weɪl/ (n) = wieloryb wyrzucony na brzeg
- SA2.2 **shore** /ʃɔ:/ (n) = brzeg
- SA2.3 **humpback** /hʌmpbæk/ (n) = wieloryb falkowiec
- SA2.4 **wonderland** /wʌndəlænd/ (n) = bajkowa kraina; tu: bajeczne miejsce
- SA2.5 **snowmobiling** /snəʊməbi:lɪŋ/ (n) = jazda skuterem śnieżnym
- SA2.6 **dogsledding** /dɒgsledɪŋ/ (n) = jazda saniami z psem zaprzęgiem

- SA2.7 **canoeing** /kə'nuiŋ/ (n) = kajakarstwo
- SA2.8 **valley** /væli/ (n) = dolina
- SA2.9 **instructor** /ɪn'strʌktər/ (n) = trener
- SA2.10 **range** /reɪndʒ/ (v) = mieć zakres, obejmować  
e.g. *Her duties as a secretary range from posting letters to organising conferences.*
- SA2.11 **log cabin** /lɒg 'kæbɪn/ (n) = chata z bali
- SA2.12 **factfile** /fæktfaɪl/ (n) = tekst stanowiący komplikację faktów odnośnie danego tematu (np. pewnego państwa)

(p. 52)

- CCs.2.1 **climate zone** /klɪmet ˈzーン/ (n) = strefa klimatyczna
- CCs.2.2 **equatorial** /ekwə'tɔriəl/ (adj) = równikowy
- CCs.2.3 **the equator** /'kweɪtər/ (n) = równik
- CCs.2.4 **rainfall** /reɪnfɔ:l/ (n) = poziom opadów  
e.g. *The amount of rainfall in the desert is very small, which is why no trees grow there.*
- CCs.2.5 **tropical** /tropɪkəl/ (adj) = tropikalny
- CCs.2.6 **desert** /dezət/ (adj) = pustynia
- CCs.2.7 **drop** /drɒp/ (v) = (o temperaturze) spaść  
e.g. *The temperature dropped during the night so we covered ourselves with blankets.*
- CCs.2.8 **form** /fɔ:m/ (n) = forma
- CCs.2.9 **thunderstorm** /θʌndəstɔ:m/ (n) = burza z piorunami  
e.g. *We were caught in a thunderstorm and arrived home completely wet.*
- CCs.2.10 **temperate** /tempeərət/ (adj) = (o klimacie) umiarkowany

- CCs.2.11 **cool** /ku:l/ (adj) = chłodny, zimny  
e.g. *Please put on a jacket; it is a bit cool tonight.*
- CCs.2.12 **cloudy** /klaʊdi/ (adj) = pochmurny
- CCs.2.13 **subarctic** /sə'bɑ:kٹɪk/ (adj) = subarktyczny
- CCs.2.14 **common** /kɒmən/ (adj) = częsty, pospolity  
e.g. *It is common for children to enjoy eating ice cream.*
- CCs.2.15 **tundra** /tʌndrə/ (adj) = tundra
- CCs.2.16 **rise** /raɪz/ (v) = (o temperaturze) wzrosnąć  
e.g. *The temperature rose so high that we had to install air-conditioning in the office.*
- CCs.2.17 **bitterly cold** = przejmująco zimny
- CCs.2.18 **ground** /graʊnd/ (n) = grunt, ziemia
- CCs.2.19 **remain** /rɪ'meɪn/ (v) = pozostać  
e.g. *It was so hot that the ice cream remained frozen only for two minutes.*
- CCs.2.20 **frozen** /f्रeuzən/ (adj) = zamrożony
- CCs.2.21 **map** /mæp/ (n) = mapa